

PROFESSIONAL DEVELOPMENT

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What is professional development?

acquiring and maintaining skills, experiences
and credentials

fulfillment What is professional ~~development~~?

acquiring and maintaining skills, experiences
and credentials

... so you can reach your goals

Let's start with skills

- Hard skills:
 - Statistics: implementation, interpretation and literacy
 - Coding: R, python, JavaScript
 - Writing: research papers, grant proposals, personal communications
 - Multilingualism
 - Public speaking

But also...

- Soft skills:
 - Interpersonal skills
 - Leadership
 - Management
 - Adaptability
 - Reliability
 - Perseverance
 - The list goes on!

Credentials

- Degree, minor, certificate
- Associations: APA, Cog Sci Society, CRIR
 - Opportunities for awards, conferences, workshops, networking
- Workshops
 - MAPS, CRIR, etc.

Experiences

- Jobs
- Volunteering
 - CUPA, MAPS, etc.
- Hobbies
 - artists, musicians, sports

**Skills, credentials & experiences are
goal-dependent ...
based on where you are applying**

Putting on paper

- CV and its contents
 - Personal info (name, email, etc.)
 - Academic history
 - Publications
 - Conference talks and presentations
 - Honours, awards, achievements
 - Teaching and mentorship experiences
 - Professional (**relevant**) experiences
 - Volunteering
 - Hard skills and qualifications
 - Attendance at seminars, workshops

Links for CV building

- <https://www.elsevier.com/connect/writing-an-effective-academic-cv>
- <https://www.vitae.ac.uk/researcher-careers/pursuing-an-academic-career/how-to-write-an-academic-cv>
- <https://www.vitae.ac.uk/researcher-careers/career-management-for-researchers/creating-effective-cvs-as-a-researcher/creating-effective-cvs-as-a-researcher>
- Berkley

**Skills, credentials & experiences are
goal-dependent ...
based on what you want to do**

Think about where you are



- 2469 Chem. Pierre Péladeau, Sainte-Adèle, QC J8B 1Z7

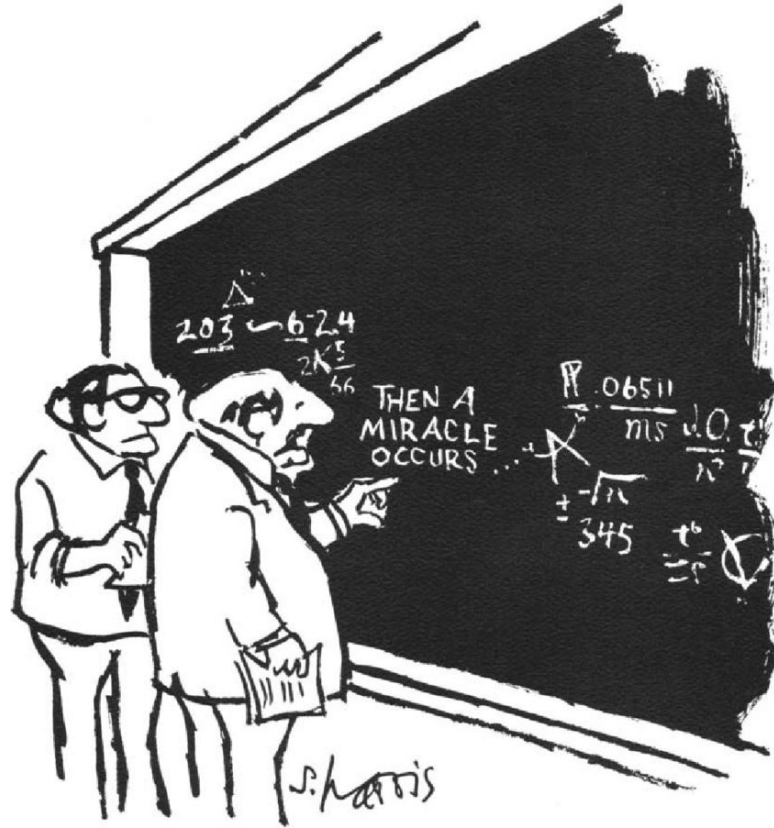
(Google Maps, 2023)

Now, think about where you want to go

- What are your
 - 1-year,
 - 5-year,
 - 10-year goals

**Are you currently fulfilling
the requirements to reach
your goals?**

What experiences do you need to get there?



"I THINK YOU SHOULD BE MORE EXPLICIT HERE IN STEP TWO."

Questions?